



TDBC

Club News
Stay in the Know!

Think Spring

What is April best known for? April is known for warmer weather, April showers, and the budding of spring flowers in the Northern Hemisphere.



The Arrival of Spring. A visual piece of art considered to have been created primarily for aesthetic and intellectual purposes and judged for its beauty and meaningfulness,



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*Presidents
Day*

All donations for the Raffle prizes are gratefully received and sold in the aid of Prostate Cancer.



*Presidents
Day -*

Indoor &
Outdoor Bowling
with a Cream Tea

Cream Tea and Bowls

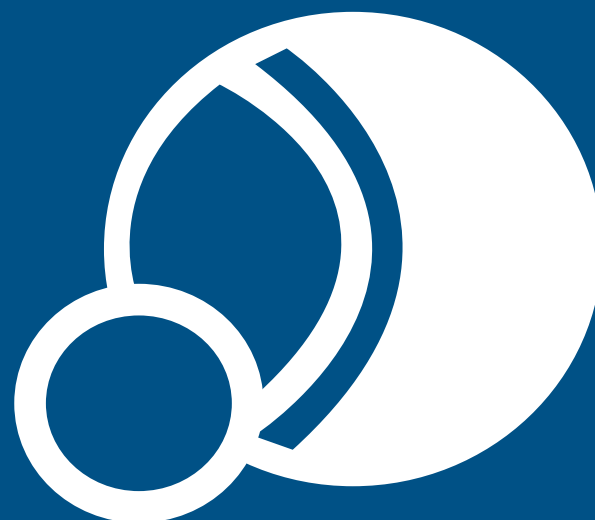
Saturday 22nd April
Opening of the
outdoor Green

New Bowlers Welcome

Photos - 1:30pm

Bowls - Indoors/Outdoors
2pm - 4pm

Cream Tea - £5
£7 inclusive of Bowling





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Changing Rooms

Bowlers are reminded of the Rules in the Members Handbook that they must change their clothing in the changing rooms. Members bowling indoors must leave their bowling bags in the changing rooms. No bowling bags are to be left in the restaurant or lounge areas as they are a tripping hazard.

The Directors.



Welcome to our newest Club sponsor. Signage going up soon and Medineeds are also sponsoring the Outdoor Floodlight League.

For further info see page 14.



Summer Competitions 2023

To coincide with the opening of the green, entry forms for this summer's Club Competitions, will be available from President's Day, Saturday 22nd April. They will be on the table in the reception area. A 'post box' will be available to drop completed entry forms into. There will be both Outdoor and Indoor Competitions with the closing date for all entries being 14 May 2023

Competitions Committee

Your Club Shop

Full range of the new Men's & Ladies Navy fleece jacket in stock — £24.99

Mens New range of Drakes Pride Shorts - Grey & White in stock — £26.99 [Bond Bowls £29.99]

Mens & Ladies Drakes Pride Trousers [Grey & White] — £29.99 [Bond Bowls £35.99]

DEK Mens & Ladies Bowls shoes £24.99 & £29.99. [Out of stock sizes delivery due in approx in the next 10 days]

Full range of Drakes Pride Solar 2 Men & Ladies bowls shoes in stock — £49.99 [Bond Bowls £54.99]

Drakes Pride Mens Astro Bowls shoes — £59.99 [Blue & Black] in stock. This shoes was worn by several of the players at the World Championship.

In stock Drakes Pride High Roller Trolley Bag — £89.99 [Bond Bowls £97.99]

Support your club shop, our prices are competitive!

Shop open when reception is open , most mornings between 9.00am — 12.00pm

Adrian Davis



Whist is Back

We are restarting this very friendly group after a long break. Friday afternoons fortnightly starting on Friday 28th April at 2pm, everyone welcome, £3.

Social and Fundraising



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Highlights to look forward to in the next few weeks

Each month we plan to share with you the highlights that are coming up in the next 6 weeks that you may wish to sign up for but also those which have the potential for an interesting couple of hours of spectating.

Inevitably there is life beyond bowls but its frustrating when there are avoidable clashes, or we find out after the match what happened and could have been there! Hopefully this will help.

1st April to 14th May

1 st & 2 nd April	County Finals Weekend	Sat/Sun	All Day
5 th April	Friendly against Rhondda Vale	Wed	2pm
12 th April	SCIBA v Outdoor Patrons (Indoors fixture)	Wed	2pm
15 th & 16 th April	Club Finals Weekend	Sat/Sun	All Day
22 nd April	Presidents' Day Opening of the Green	Sat	1pm
7 th May	County 2 Wood Final Day Outdoors	Sun	11am
13 th May	Indoor Friendly v Stourvale	Sat	2pm

Amanda Birkett



Imminster siblings Levi and Kirsty Hembrow triumphed in the national mixed pairs defeating Torquay United's Charlotte Aspinall and Sam Tolchard in a tight final on the lightning quick St Neots surface.

Older sister Kirsty had reached the final of the same event back in 2016-17, while representing Taunton Deane and partnering Robert Paxton, but got over the line on this occasion with her younger brother.

Their route to the final started with a one-shot victory over Colchester's Liz Tunn and Elliot Mann, before enjoying comprehensive victories over Imogen Jenner and Harry Goodwin (Swale) and Heather Bell and Martin Pankhurst (Cambridge Chesterton) to reach the final.

Aspinall and Tolchard reached the same stage thanks to an extra end defeat of Emily Kernick and Ben Harris (Solihull) in the quarter-final and a time-restricted 13-12 win over Jamie-Lea Marshall and Joe Dawson from Barwell in the last four.

The Hembrow's trailed 12-18 with just three ends to play in the final before collecting eight unanswered shots in a dramatic conclusion.

Devon's representatives did enjoy success in the mixed fours, however, as Exonia's Nicole Rogers, Cassidy Hampton, James Hampton and Rob Paxton took home the trophy.

They defeated Egham's Amanda Donoghue, Kylie Jenkins, Barry Jenkins and Ian Jenkins 18-9 in the final, recovering from an early deficit to come through strong in the back end of the match.





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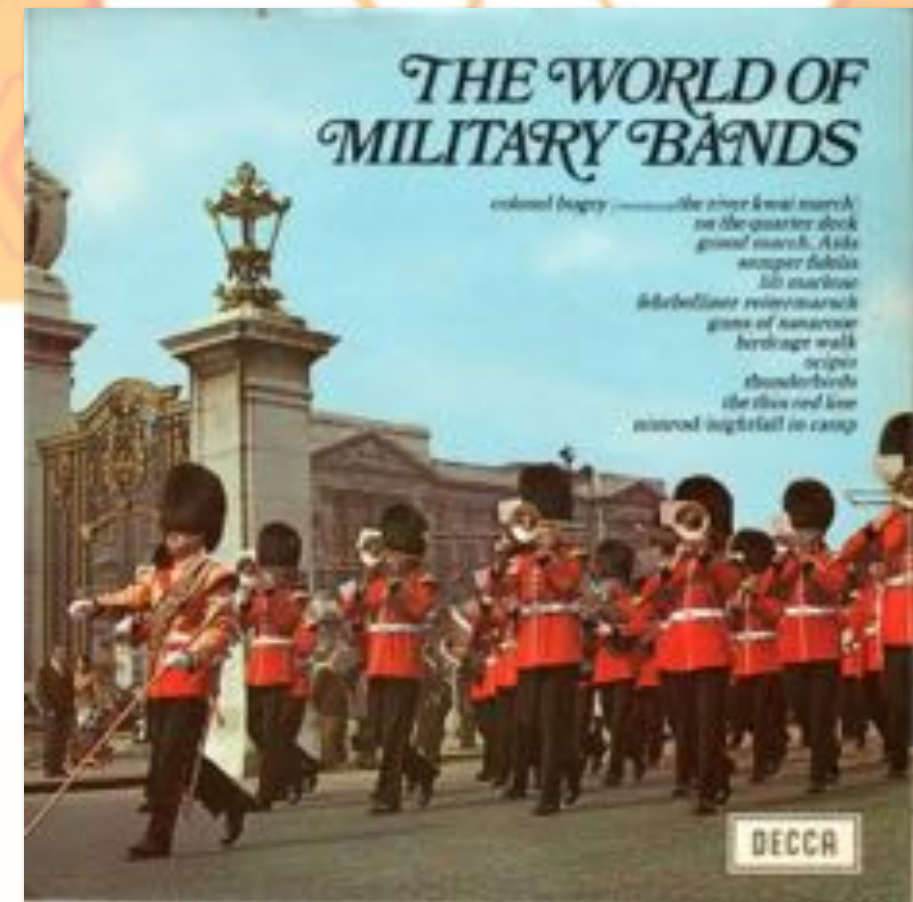
Music

Music was my First Love... continued

War & Peace

If I go rummaging through vinyl in charity shops or car boots amongst the inevitable Jim Reeves or Readers Digest box-sets I'll come across Regimental Marching Bands. I'm thinking that many family record collections in the 50/60/70's might have an LP or two of Army songs. Certainly anyone living through the great wars would have heard many a celebratory or rousing song. I'm more than familiar with 'Pack Up Your Troubles in Your Old Kit-Bag, and Smile, Smile, Smile' from WW1. Even American Civil War Songs were popular enough to sing along to during family car journey's. 'When Johnny Comes Marching Home' would get us all stirred up. Who couldn't fail to feel the pride of the Welsh when listening to 'Men of Harlech' sung in the 1964 film Zulu? An absolute favourite army band tune of mine is 'The British Grenadiers' full of pomp and circumstance!

As long as wars are being fought there will be songs about wars. If only? I wonder what John Lennon was thinking about when he came up with the phrase 'give peace a chance'. A google search suggests it had come to him spontaneously while answering a reporters question at a "bed-in", Lennon and Ono's way to protest war and promote peace by staying in bed all day. I've got the single (1969). I wonder if any bowls members have the controversial album with John and Yoko appearing naked on the cover?





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Music

From a personal perspective I'm so glad I was never called upon to do my duty when I was in the Royal Artillery in the mid seventies when the cold war was on-going. I was a section commander in 34 Seringapatam Battery, part of 45 Medium Regiment Royal Artillery. Our primary role in a conventional war was to fire a nuclear warhead! Just what Putin has been threatening to do in the Ukraine. On one exercise I was visited by some American top brass and we were all set up in our NRA (Nuclear Reserve Area); the blank nuclear warhead was delivered to us and I had to set the timer and my section went through the drill and fired the artillery shell from our American built self-propelled howitzer. I was then questioned by the visitors. "Would you fire a nuclear warhead if called upon in a time of war?". "Yes sir", I responded forthrightly and with conviction. I was just 21. Just following orders. When I look back on that situation I wonder how I'd have felt about wiping out tens of thousands of enemy troops and possibly civilians in one fell swoop. The mind boggles. I can easily get upset reflecting on what is both part reality and fantasy.

I know I would much prefer all war to end. Who wouldn't? I'd wish for a world without guns and the killing on battlefields. Peace is the only answer, disarmament is needed yet the United Nations Disarmament Commission created in 1952 would appear to have failed miserably? Nowadays they seem more focussed on preventing an Arms Race in Outer Space than agreeing to end nuclear warhead production and the dismantling of all war machines.

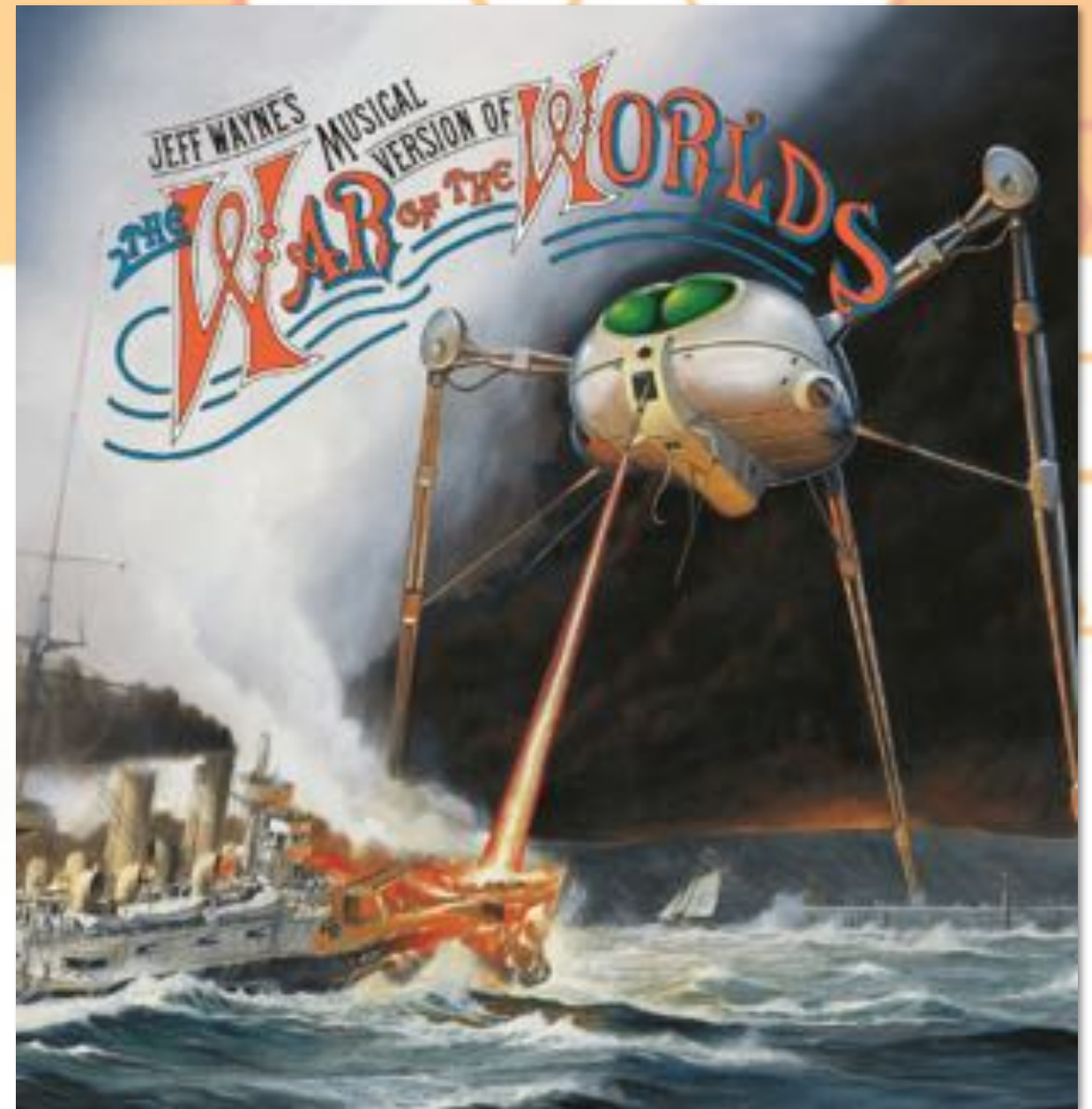
One last music reference. One of my favourite albums is Jeff Wayne's musical version of the 'War of the Worlds' from 1978 with the wonderful vocal narrative of Richard Burton. If only all wars were fantasy and not reality.

At times of remembrance you may see me wearing a white poppy, which was started by the Quakers. It's not me being disrespectful to the victims of war. I am both respecting the casualties and at the same time calling for Peace. The white poppy is a symbol of remembrance, it explicitly says "No more wars. No more killing. Let us work for peace".

'Make love, not war'



Mark x





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Team News



TDBC ladies are runners up in the County Double Rink competition. After some excellent wins in previous rounds, their successful run came to an end in Ilminster, losing in the final to St. Andrews (WSM).

Chenda Harris and Di Routley have won the Over 60s Pairs Area Final. They beat a pair from Moonfleet 21 - 12 and are now through to the National Finals to be played in Nottingham on April 5th.

Congratulations to them and good luck in the finals.





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*Snowing
2023*



Taunton - The snow of '78



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*Snowing
2023*



Taunton - The snow of '78



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Humour



I CAN NEVER REMEMBER, BOSS. IS IT
SPRING BACK, FALL AHEAD OR...



COUPLE OF SCRATCH OFFS, PLEASE.



WE RUN THE ULTRASOUND THROUGH A
ZOOM MEETING WITH THE GRANDPARENTS.
WE CALL IT A WOMB MEETING.



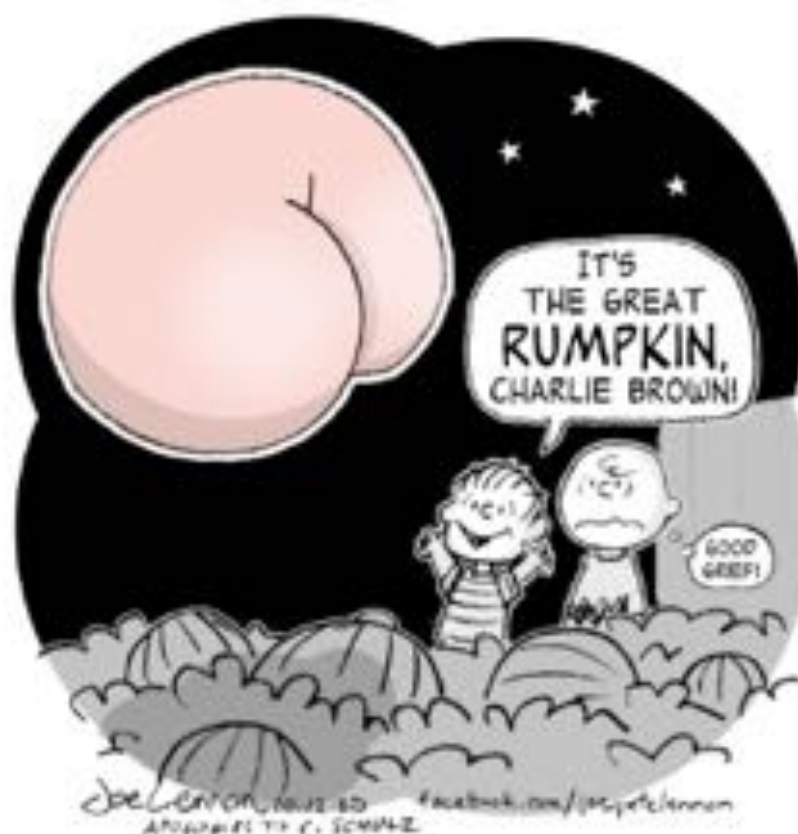
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Humour



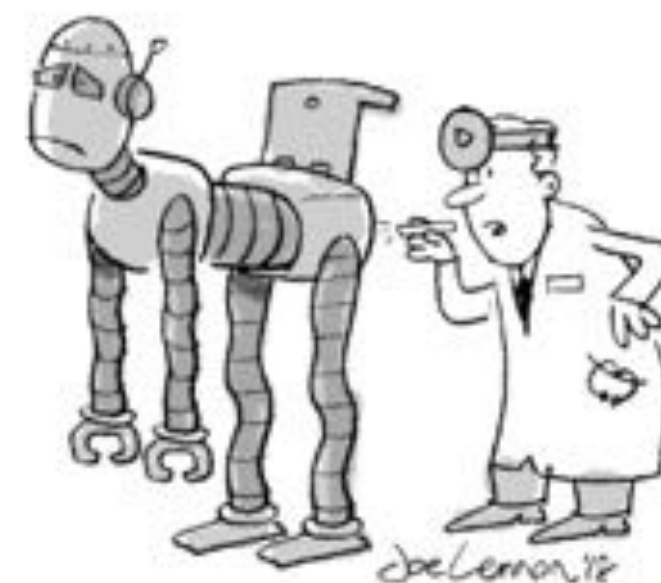
SO... HE GOT JU-JU EYEBALL, HAIR DOWN TO HIS KNEE, HE WEAR NO SHOESHINE, HE GOT MONKEY FINGER, WALRUS GUMBOOT, ONO SIDBOARD... I GOTTA BE HONEST MR. LENNON, I'M HAVING A HARD TIME GETTING THIS SKETCH TO COME TOGETHER,



JOE LENNON, 10/15/20
ARTIST TO F. SCHWAB



JOE LENNON, 12.30.22



YOU'VE GOT ANDROIDS.



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Editorial
Steve Browning



Finals are upon us and exhaustion and a lack of motivation may be setting in. Instead of misusing prescription stimulants, try to slip in time for a quick nap/rest! Prescription stimulant misuse can cause a positive drug test.

Doping in lawn bowls - drugs in the ditch

Bowls is one of the core sports of many countries and is included in the Commonwealth Games and has been included in the Games since 1930. The only time the Games occurred without lawn bowls taking place was in Jamaica in 1966, due to the lack of suitable bowling greens. It is not a sport one would expect to be associated with doping scandals, however.

Mrs. Cheryl Ann Edelkraut participated in the South African Mixed Pairs Championship in June 2017, at the age of 60. The fact that she even qualified to compete in the South African Championship was all but a coincidence. She had been dutifully using her chronic high blood pressure medication as her doctor ordered, for 13 years.

Despite being on treatment for a dangerous condition that can be well-controlled under a doctor's supervision, Mrs Edelkraut stayed committed to her hobby and became an unlikely gold medalist at the SA Championship. On the day of the event, the South African Institute for Drug-Free Sport conducted random drug testing, and Mrs. Edelkraut was chosen to give a urine sample.



Mrs. Edelkraut tested positive for prohibited substances. Those substances were ingredients in her high blood pressure pills. At a hearing in Johannesburg, she was denied a Therapeutic Use Exemption and officially charged with doping. She was stripped of her gold medal and suspended from lawn bowls for four months. She returned to the sport and continued to play until 2021.

Women bowlers in 2013 who competed on the manicured greens of Leamington Spa, above, in their national championships faced tougher doping rules than Olympic pentathletes. While Olympians in that discipline and sailing and wrestling were allowed to take beta blockers with impunity, the hard-line ban still applied for the ladies who graced the greens in their pleated white skirts.

They were subject to random tests and the humiliation of being thrown out the Bowls England National championships if they tested positive, unless they had been issued with prior medical clearance.



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The ban on beta blockers in lawn bowls came in a decade ago, much to the fury of competitors, many of whom are more than twice the age of Olympic athletes and suffer from heart conditions.

Despite that, the World Anti-Doping Agency, which draws up the Prohibited Drugs List, decided that beta blockers could give bowlers an unfair advantage in competition because of their calming effect and easing of shaky hands.

But this year the WADA decided to exempt several other sports from the ban, including the modern pentathlon - whose five events include shooting, where a steady hand would presumably help the competitors (and might well be a relief to nearby spectators).

But there is no respite for lawn bowlers, statistically among the the cleanest of competitive sports, whose own strict code of conduct forbids smoking or using mobiles on the greens and bars the wearing of shell-suits or jeans.

The Prohibited List specifies substances and methods prohibited in sport, and is the single list for organisations that have adopted the World Anti-Doping Code.

SA spokeswoman for UK Anti-Doping said: "Bowls England are Code-compliant, having adopted the UKAD Rules, and therefore their members have to comply with the UKAD Rules.

Alistair Hollis, spokesman for Bowls England, confirmed that the organisation was subject to UKAD rules "and those of any subsequent bodies. But there was a get-out if the bowler could show the drug was medically essential, that there were no alternative to non-banned drugs, and this was backed up by a doctor.

He added: "Any players prescribed substances on the banned list may apply for a Therapeutic Use Exemption."

100%
me



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