

TDBC
Newsletter

Club News
Stay in the Know!

*Stress
Awareness
Month*

Stress awareness month

began in April 1992 and has been held every April since. It aims to encourage individuals to open up and discuss any problems and challenges stress may cause. Its biggest aim is to remove the stigma around mental health.

Stress and poor mental health are one of the biggest public health challenges that we're facing. Sadly, even though that is the case, we are still not taking its impact seriously enough. We continue to separate mental health from physical health and vice versa. The reality is they cannot be separate – they are two sides of the same coin. There is no health without mental health and stress can lead to numerous health problems. From physical problems, like heart disease, insomnia, digestive issues, immune system challenges, etc to more serious mental health disorders such as anxiety and depression.

The most crucial thing you can do when you are stressed or anxious is to make sure you are continuing to look after yourself. Make time to relax when you need to and learn to say no to requests that are too much for you.





A message from your new Chairman of the board

Dear Members,

I was honoured to be appointed a director of the Club at the recent AGM and again to be elected as the chairman at the board meeting which followed. I have only been a member since September 2023, so I clearly do not know everything about how the Club works and who does what. What I can say is that I will do all I can to make the Club a success and my aim is to be still bowling at the Club for many years to come.

I have lived in Taunton for over 33 years but my work was such that I hardly new anyone locally apart from my neighbours. I joined the club to meet people and to give me an activity I could enjoy. Both of these wishes have been realised. I really enjoy playing but, more importantly, I enjoy the social interaction that it brings. I am never going to be the best bowler but that is not my objective.

My background is in engineering and company management. I hope that some of my working experience can benefit the Club but I am also aware that many different skills are required to run a Bowling Club. With that in mind, I am very open to ideas and thoughts that members might have for ways in which we can improve the experience for everyone. Members can either speak to me at the club or email me at paulm.frost@hotmail.co.uk with their thoughts. I look forward to seeing you all in due course.

Kind regards

Paul Frost



Upcoming events to put in your diaries.

April 5th and 6th

Somerset County Indoor Bowls Association Competition Finals.

Players from all over the County, will be representing their clubs.

April 12th and 13th

Taunton Deane Club Finals

All members, who have played many rounds to reach this stage. Come and support the players that may have beaten you.

April 21st

Outdoor Green opening, look out for notices of arrangements.

Keith James, President



Fellow Secretaries and County Delegates,

Please let your members know that applications for Performance Team Trials (Middleton Cup, Johns Trophy & Over 60's) are available on our website:

[SBA Performance Team Page - Somerset Bowls Association](#)

The Over 60's is a new Bowls England inter-county knockout competition. Six mixed rinks with matches played mid-week.

Cheers

Ross
Somerset Bowls Association



Summer Leagues 25

For this Summer 25 League season, we are pleased to be running 2 Indoor and 3 Outdoor Leagues.

Here are the Entrant Stats for 4 out of the 5 Leagues:-

Leagues - Indoors	No of Teams	No of players
Tuesday Indoor Open Triples	8	58
Thursday Handicap	6	41
Total Players		99

Leagues - Outdoors	No of Teams	No of players
Tuesday Outdoor Triples	8	60
Thursday Floodlight	tbc	tbc
Friday Aussie Pairs	7	44
Total Players		104

Thank you for all who have entered and we wish you all a good season.

The League Committee
Guy Beale
Alan Dicks
Nicola Litchfield



Rink bookings.

All rink fees must be paid before you play. When booking online and you fail to play, please advise the club accordingly.

The club rule is that if you book a rink and do not turn up without cancelling the rink you will be liable for the rink fee.

Full names to be used when booking on Bowlr.

TDBC



Bowls' big weekend

Friday 23rd - Monday 26th May 2025

IT'S BACK! Bowls' Big Weekend, sponsored by Aviva, is returning for a fifth year from 23rd - 26th May and you can sign up your club to take part. Club sign-up is closing on Monday 24th March. Bowls England is proud to be collaborating with Cancer Research UK for Bowls' Big Weekend 2025.



League News

Reserve List

If there are any players that have not joined a league team for this coming summers programme but are happy to be contacted by a team at short notice to fill in or to cover any absences.

Please write your name on the reserve list sheet that has been put up opposite the club notice board.

Going forward we hope to put in regular bulletins to the monthly newsletter

This may include any highlights of specific rules and results.

The League Committee.



Floodlight League 2025

The league committee are currently looking for players for this summers floodlight league on Thursday evening 7-9pm starting in August.

If you are interested in joining in with this then please contact

Alan Dicks - Nicola Litchfield - Guy Beale



Ladder News

Anybody still wishing to join either the indoor or out door ladder this coming summer season please enter by April 10th so the draw for this can take place.

Any entries after this date will be placed at the bottom of the ladder



League news

Urgent

We are still looking for permanent players for indoor leagues.

1 player for Tuesday Triples League 11-1pm

1 player for Thursday Handicap League 2-4pm

If you can help please contact

Alan Dicks - Nicola Litchfield - Guy Beale



Friendlies - Outdoor Summer

Tuesday 29th April - Chard (Home)

Friendlies - Indoor Summer

Wednesday 30th April - Rhonnda Valley (Home)



Hip Hip Hooray

Opening of the Green

and indoor bowling

Monday 21st April 2025

Join us for Afternoon Tea and Bowls

£5.00 for bowlers,

£3.50 non-bowlers

Further details will be on the notice board in the club.

Please note there will be **NO UMBRELLA** on this date.

Team Captains and Catering Department



OPEN FOURS TOURNAMENT Sunday 10th August 2025

Dear Fellow Bowler,

I am writing to invite you to our annual Open Fours Tournament being held this year on Sunday 10th August 2025. We very much hope that you will be able to join us on this occasion on a first come first served basis. The first games will commence promptly at 9.30 am or 10.30 am, **TEAMS WILL PLAY 4 GAMES** comprising of a maximum 1 hour or 10 ends. The prizes will be as follows:-

1st Place £100 2nd Place £80 3rd Place £60 4th Place £40

The entry fee is **£40 per team** (to be included with entry form) which includes tea or coffee on arrival, morning tea and biscuits, lunch and afternoon refreshments including some delicious homemade cakes. Non-playing visitors can be catered for at **£5 per head** to include all of the above. Please inform us if you or your team require any dietary requirement on the form below.

Please note entry fees are non-refundable if cancellation notice is given less than 48 hours prior to the tournament date.

If you would like a priority booking please return the form and either cash, cheque or you can now pay by BACS – Account number (51087383) sort code (60-21-01) Account name: Street Bowling Club

(Email address – neilkunc1984@gmail.com) by the 31st May with all other entries closing on 8th June 2025.

STREET BOWLING CLUB OPEN FOURS TOURNAMENT Sunday 10th August 2025 ENTRY FORM

Name (captain).....

Address.....

Club Name.....

Contact Telephone Number.....

Email Address.....

Dietary Requirements.....

Please select the amount of each food offering you require

Cheese..... Ham.....

PLEASE TICK A BOX BELOW WITH YOUR PAYMENT OPTION, SO WE CAN CHECK IT HAS BEEN RECEIVED SUCCESSFULLY. ALL OTHER PAYMENTS CAN BE SENT TO NEIL KUNC 3 CHURCHILL ROAD, WELLS, SOMERSET, BA5 3HZ

BACS PAYMENT ☐ **CHEQUE** ☐ **CASH** ☐



VICTORIA PARK BOWLING CLUB (BRIDGWATER)

Organiser:

COLIN GAY - Tel. 01278 452000 (email: colin.mollie@btinternet.com)

OPEN MIXED TRIPLES SUNDAY 6TH JULY 2025

Triples to consist of 2 Gents + 1 Lady or 2 Ladies + 1 Gent

as usual the competition will be run in two groups but this year there will be prizes for both groups

**ENTRY FEE
£30
per triple
which includes lunch
& tea and biscuits
on arrival**

Jointly supported by:
H. BIFFEN & SONS LTD
Wembdon Road, Bridgwater
Funeral Directors • Telephone: 01278 423333
and

MICHAEL J. DODDEN & CO
North Street, Bridgwater
Chartered Certified Accountants • Telephone: 01278 422391

**PRIZES FOR
BOTH GROUPS
Winners £150
2nd £75
3rd £45**

THE CLOSING DATE FOR ENTRIES IS 4th JUNE 2025. I must emphasise that entries will be on a first come - first served basis. Completed forms, with appropriate fees, should be returned to the address shown below. Entries may be restricted to four from any one club.

The entry fee is £30 per mixed triple, which includes Coffee/Tea and Biscuits on arrival and Lunch (main meal and dessert). (Guest lunch (which costs £5.00) includes Coffee/Tea and Biscuits on arrival).

Coffee/Tea and Cake will be available to purchase throughout the afternoon.

Come and enjoy Great Food, Good Company and a thoroughly enjoyable Competition.

Fees must be sent with the entry and should be in the form of a cheque made payable to Victoria Park B.C.

Bar facilities will be available from 12 noon.

THE FIRST GROUP OF MATCHES WILL START AT 9.30am
Tournament rules will be sent, with playing order and your start time nearer the date

OPEN MIXED TRIPLES 2025 – ENTRY FORM (please complete in block letters)

Name.....

Address.....

Post Code.....

Contact Telephone Number..... Contact email address.....

Entry Fee (enclosed) inc. guest meals £..... Club.....

Number of Guests..... **FOOD ORDER** (inc. Guests) Ham Salad (Number)..... Cheese Salad (Number).....

Please return by 4th June 2025 to: Colin Gay, 20 Aspen Court, Wembdon Road, Bridgwater TA6 7EN (Tel: 01278 452000)

Please note that playing schedules will be sent about the middle of June to successful applicants. Unsuccessful applicants will receive early replies.

For more information regarding the above information please contact **Paul Frost 07479 379755**

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*Shop
Sale*



Shop Newsflash

Just in New range of Deks Mens and Ladies Bowling shoes in all sizes...£29.99.

(add jpg 5274)

Also hot off the press ... Half Price Shoe Sale of selected Ladies and Mens Shoes in limited sizes.

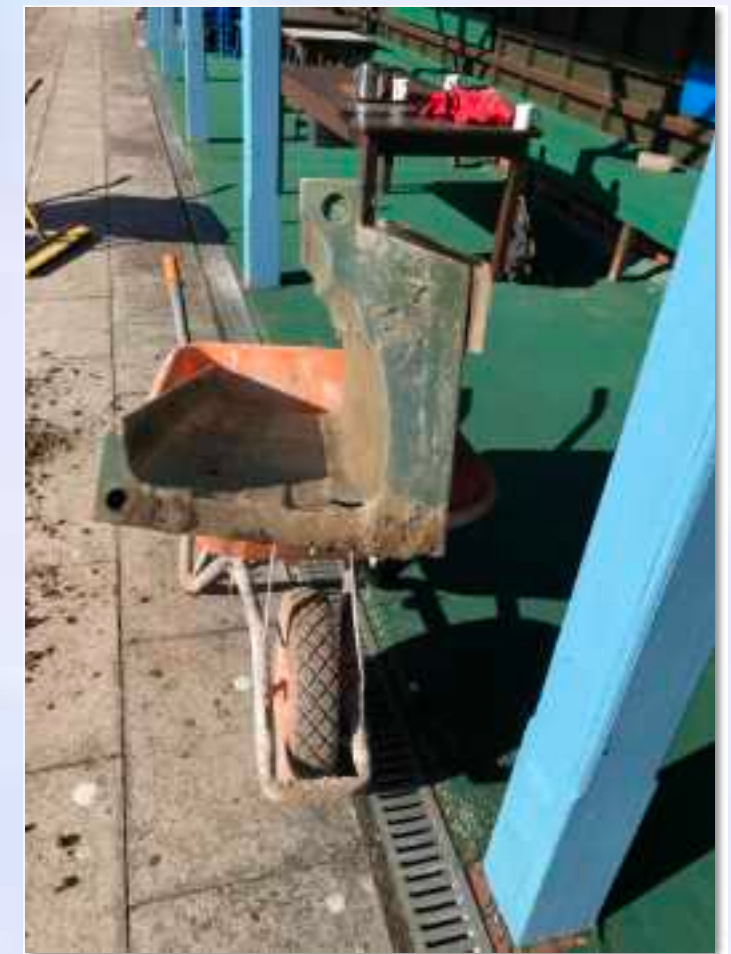
Visit the Shop daily – Monday to Friday, 9 am - 12 to check out the new lines and Half price shoes.



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*Development,
new outdoor
ditch*



Out with the old...

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Club News Stay in the Know!

Development, new outdoor ditch



and in with the new...

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